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Integrative Parent' s Autism Training 2020-1-EL01-KA204-079195

Minutes of the meeting 3rd meeting, Burgos, December 16 & 17 2021 09.30 – 13.30 Central European Time via google meet

On the 16th and 17th of December 2021, the partners of IPAT project - Integrative Parents' Autism Training – met online for a two-day meeting. The meeting, virtually hosted by Autismo Burgos was planned to happen in Spain. Unfortunately, due to increase of cases and the worsening of the situation caused by the Covid-19 pandemic, the partnership was not able to travel, and the face-to-face meeting was replaced by efficient online sessions.

The Spanish partner, Autismo Burgos, did the honors and warmly welcomed the Consortium. The CEO of Autismo Burgos, Conchita Gárate opened the meeting by wishing all participants a two-day of fruitful meeting and underlining the importance of cooperation projects such as IPAT within the framework of what Autismo Burgos does daily in providing support to parents of children with autism.

To deepen on the activities carried out by the host organization, Conchi Ramirez, project coordinator, showed some videos presenting what strategies, research tools and support activities Autismo Burgos put in place through the several centers the organization runs. **From employment services to the use of technology in research activities, Autismo Burgos is on the frontline in supporting people with autism and their caregivers.**

Thursdays, December 16, 2021:

The first day of the online transnational meeting covered three core topics in terms of implementation of the IPAT project.

The first session led by The Child and Adolescent's Center, coordinator of the project and of the second intellectual output, focused on **reviewing the**

material of the eight meetings that constitute the IPAT module. The session was first opened by the presentation of the eight topics covered, the state of the art in the production of the material. **Antonis Vadolas, education coordinator at CAC, presented the overall idea of the module highlighting the importance of providing the parents who will attend the training not only with background knowledge but also with practical and experiential tools and activities that can engage them.**

The eight topics that will be covered during the training are those emerged from the needs' analysis carried out during the research phase:

- 1. What is autism;**
- 2. Therapeutic approach;**
- 3. Legal and ethical issues and rights;**
- 4. Lived experience of the family;**
- 5. Parent's interaction with the child;**
- 6. Social inclusion and autonomy;**
- 7. Sexuality and 8. Management of behaviors of concern.**

The second part of the morning was dedicated to the **discussion on the guidelines for moderators and the recruitment of parents.** Autismo Burgos in collaboration with Controvento led the session and proposed some common points all piloting partners should follow to guarantee consistency in the activity and the following analysis. Among others, **the motivation and commitment of parents in attending the training and the lack of parents' previous experience in similar trainings were two main characteristics that should be present in a similar way in all the four countries.** With regards to the moderators who will deliver the IPAT module, **all the trainers will have at least 5 years of experience in the field and a strong background knowledge on autism.**

In the last session of the first day, **the third intellectual output was introduced by Autismo Burgos.** IO3 will serve as an online platform where parents will be able to attend a digital self-training. Among the several available platforms, Moodle seemed to be the best candidate considering the aim of format of the training in addition to the fact that it is one of the most known platforms for e-learning. The digital training will be based on the IPAT modules with the addition of some features that will ease the self-paced learning path.

Friday, 17 December, 2021:

On the second day of the IPAT second transnational online meeting, partners organizations had a chance to have **a closer look at the activities carried out by Autismo Burgos with a special focus on the Miradas Screening Program** aimed at the early identification of autism in children and two

strategies of intervention implemented by Miradas Foundation such as IMPACT+ PACT.

Following the workshop delivered by the Spanish partners, an international guest took the stage for a session extremely relevant for the IPAT project. **Noor Seghers from the University of Leuven, introduced to the partners a best practice in working with parents of autistic children she is currently coordinating: the Magenta project.** The project has produced a very practical and useful toolbox aimed at supporting parents in dealing with difficulties.

The second part of day 2 of the online meeting was devoted to the Steering Committee and the internal management of the IPAT project covering the procedures, the risk assessment and management plan, the communication plan and finally the planning of the activities for the following months.

Specifically, the following were discussed and decided:

1. Partners unanimously adopted the minutes of the previous meetings, without modifications.
2. The partners agreed to request the Greek committee for a change in the budget. Specifically to reallocate 60% of the budget corresponding to the travel expenses to Spain for the respective transnational meetings that were eventually organised on google meet, in working days of IO2.
3. The partners agreed to complete the time sheets by December 2021, so that all relevant schedules are kept and they are ready for any necessary control.
5. Luca Pagliaricci from the Società Cooperativa Sociale Controvento ONLUS presented what has been done so far on dissemination. It was decided to compile and send the 2nd Newsletter of the program by the end of January 2022 to compile articles that will enrich it while the moderator of the discussion suggested to follow a coordination between all partners via email.
6. Nikoletta Mavroeidi - Project Scientific Coordinator, from the Child and Adolescent Center summarized what has been done so far, with the completion of IO2 and briefly presented what we are expected to implement in the coming months, in the context of IO2 and IO3. In February 2022 the IPAT training will be delivered in the four piloting countries where 64 parents in total will have the opportunity to attend the training that will run until June.
7. It was decided that the scientific coordinators of all Partners would hold meetings as necessary for the proper continuation of the project according to schedule.
7. Partners unanimously acknowledged the smooth implementation of the project according to the timetable and schedule.