

# 4<sup>TH</sup> MEETING: “PARENT’S INTERACTION WITH THE CHILD. A GUIDE FOR AN ENHANCED QUALITY OF LIFE FOR FAMILIES WITH A MEMBER WITH ASD”

## ***LECTURE 3:*** **Shaping Everyday Life II**

***Enrica Cappadonna***  
***(Controvento, Italy)***

***Antonios Vadolas***  
***(Child and Adolescent Centre, Greece)***

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- **UNDERSTANDING SENSORY ISSUES**
- **BUILDING FUN AND EDUCATIONAL INTERACTIONS WITH THE WHOLE FAMILY**
- **TOOLS TO USE (ALTERNATIVE COMMUNICATION TOOLS, PICTURES, NEW TECHNOLOGIES)**
- **Q&A**

## ***Outline***

# ***SHAPING EVERYDAY LIFE***

## **Understanding sensory problems:**

- **Hypo- and hypersensitivity to environmental stimuli**
- **Search for specific sensory self-stimulation**
- **Perceptual distortions**
- **Perceptual overload**
- **Multichannel perception**
- **Hyperselectivity to stimuli**
- **Strong visual-spatial discriminative ability**



# ***SHAPING EVERYDAY LIFE***

Building fun and educational interactions with the whole family

For this purpose, you can organize useful and motivating activities to do at home, divided into categories, such as artistic, sensory, motor, educational and academic.



# SHAPING EVERYDAY LIFE

Building fun and educational interactions with the whole family

**SACCHETTO MAGICO**  
 RIEMPIRE UN SACCHETTO CON GEL PER CAPELLI, SCHIUMA DA BARBA O ALTRO MATERIALE



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**BOTTIGLIE SENSORIALI**  
 SI POSSONO RIEMPIRE LE BOTTIGLIE CON DIVERSI MATERIALI: PIETROLINE, RISO, ACQUA COLORATA (CON UNA GOCCIA DI TEMPERA O ACRILICO), ACQUA E BRILLANTINI...ECC

Sensory Bottles



CONTRORVENTO CATANIA

**PERCORSI SENSORIALI**  
 SPERIMENTATE PERCORSI TATTILI CON DIVERSI MATERIALI



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**ANTI-STRESS**  
 RIEMPIRE DI FARINA O RISO UN PALLONCINO. CHIUDERLO E DECORARE

**SCATOLA MAGICA**  
 NASCONDERE IN UNA SCATOLA DIVERSI OGGETTI E RICONOSCERLI SOLO TOCCANDOLI

**MEMORY TATTILE**  
 ATTACCARE SU CARTONCINI DIVERSI MATERIALI E TROVARE QUELLO UGUALE. SI POSSONO FARE ANCHE COMBINAZIONI TRA MATERIALI E GLI OGGETTI A CUI APPARTENGONO



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# SHAPING EVERYDAY LIFE



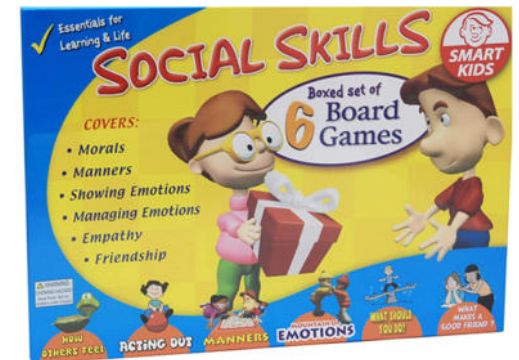
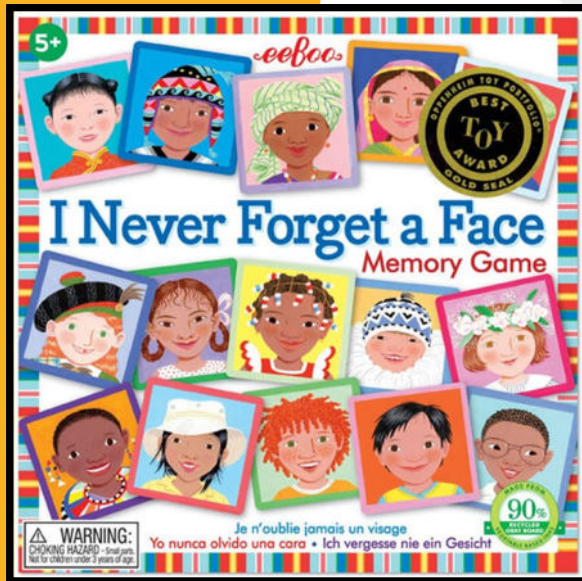
Games are a great way to connect with children with autism. The best games for kids on the spectrum build on the child's interests while encouraging active participation and communication.

For a list of interactive and fun games visit:

<https://nowpsych.com/18-games-for-autistic-children/>

Printable Games for Autistic Children

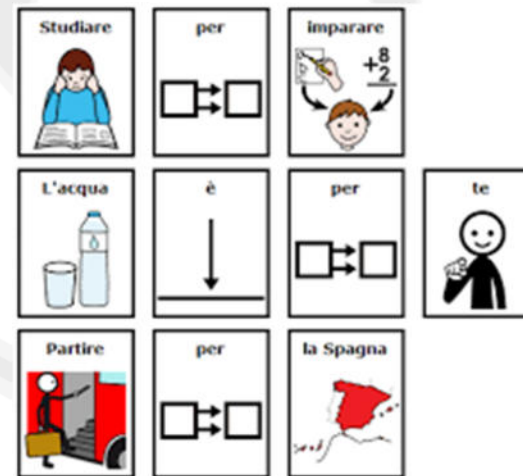
[https://autism.lovetoknow.com/Games for Autistic Children](https://autism.lovetoknow.com/Games%20for%20Autistic%20Children)





# SHAPING EVERYDAY LIFE

AAC encompasses different systems of communication through images/signs/electronic devices and new technologies. Among the Apps that are part of it we can mention **Let-MeTalk**, application is equipped with standard symbols, the Arasaac, on which it is possible to search in a simple way for the insertion of new content.





# SHAPING EVERYDAY LIFE

- Spatio-temporal organization of the day of the child with autism, examples and practical strategies:
- Visual diary to help children better understand how time is marked and provide information about daily and extraordinary activities.

Daily Schedule	
1	arrive at school
2	check in
3	reading
4	writing
5	math
6	recess
7	Journal
8	P.E.
9	lunch
10	art
11	shared reading
12	bus



# ***SHAPING EVERYDAY LIFE***

Steps to follow when building a **visual agenda** :

- ➔ **Identify the most important times of the day**
- ➔ **Decide how much information to give the child**
- ➔ **Decide how to represent the activities**
- ➔ **Construct the visual diary together with the child**



# SHAPING EVERYDAY LIFE

*how to make a visual schedule:*

<https://youtu.be/Jr56lhhZ4Os>

## Agenda visiva

L'agenda visiva favorisce la collaborazione perchè la persona viene informata in anticipo su ciò che dovrà fare ed aiuta a comprendere la routine e aumenta la motivazione

E' fondamentale che i supporti visivi delineano il susseguirsi delle diverse attività e pause (in tutti i contesti di vita) secondo una linea temporale rappresentata da sx verso dx o dall'alto verso il basso, e possono essere costituite da oggetti, carte/oggetto, fotografie, simboli di vario tipo, disegni del bambino, parole scritte...



## Agenda giornaliera



## Agenda settimanale



## Agenda visiva per occasioni speciali

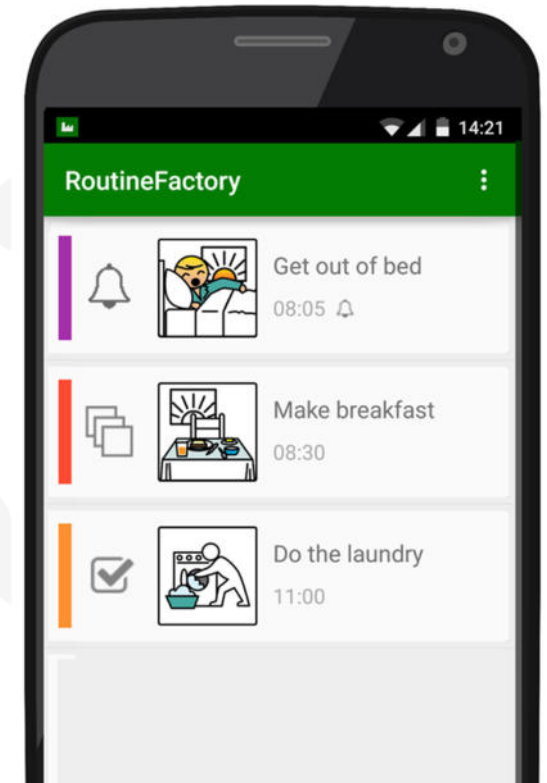
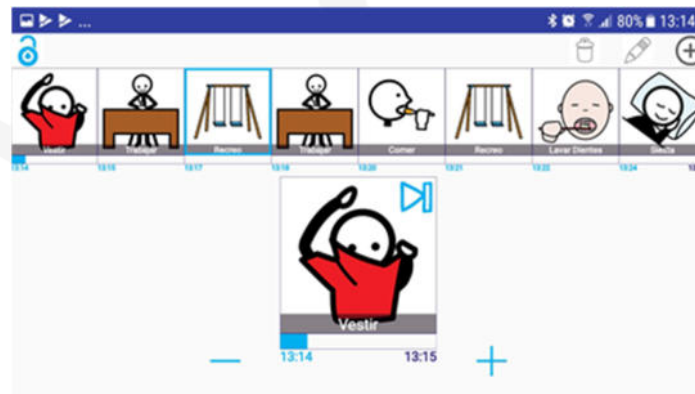


COOPERATIVA SOCIALE COOPROVENTO



# Autism Apps

- Burgos communication app
- Proloquo2Go.
- Endless Reader.
- Language Therapy for Kids.
- Otsimo.
- CommBoards Lite.
- ABC Autismo.
- routine factory





## Questions



# ***BIBLIOGRAPHY***

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