

4th meeting “Parent’s interaction with the child” or “A guide for an enhanced quality of life for families with a member with ASD” - Controvento

1. 10’ Introduction, topics to be addressed, aims of this meeting

Main meeting:

2. 15’-20’ Getting to know your child - Controvento

- What is:
 - i. Diversity
 - ii. Motivation
 - iii. Desires
 - iv. What to avoid
- how to interpret your child’s reactions – behaviors
 - i. tools (see last meeting)
 - ii. observation
- How to address your child (use of verbs, information load, precision, specificity, tone of voice, inflection)
- 10’ Q&A

3. 15’-20’ Shaping everyday life I - Controvento

- How to build useful and fulfilling routines
- Need for creating a stable and predictive environment
- Shaping dysfunctional or stereotyped behaviors
- 10’ Q&A

10’ Coffee break

4. 15’-20’ Shaping everyday life II - Controvento

- Understanding sensory issues
- Building fun and educational interactions with the whole family
- Tools to use (alternative communication tools, pictures, new technologies [letmetalk app, burgos communication app, routine factory])
- 10’ Q&A

5. 15’-20’ Shaping everyday II - Controvento

- Enhancing quality of life for all family members (needs of the person, needs of the family, how to decide, what to have in mind, what not to take for granted)
- Be proactive not reactive (be empowered, know the needs of your family, plan your days, plan for quality, acting and not reacting, how to avoid unnecessary confrontations)
- 10’ Q&A

5’ short break

6. 30’ Closing meeting:

- **30’ reflection**