### <sup>5TH</sup> MEETING "SOCIAL INCLUSION AND AUTONOMY"

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LECTURE 4:

### Professional Support And Future Prospect





### FOR FAMILIES

#### . PROFESSIONALS

. PREPARATION FOR THE NEXT STAGE OF LIFE

**. SUPPORT FOR THE FUTURE PROSPECTS** 

.Q&A







# **EXPECTED LEARNING OUTCOMES**

- Understand the role of professionals and what types of interdisciplinary support and actions are implemented
- Understand the importance of rehabilitation
- Preparing for the next phase of life
- Offer support for future prospects







PROFESSIONALS

o-funded by the rasmus+ Programme f the European Union <u>PSYCHOLOGIST</u>: Interventions to improve quality of life, support parent-child relationships; foster the acquisition of relational skills; foster the acquisition of inclusion and autonomy skills; promote appropriate modes of functioning

<u>SPEECH THERAPIST</u>: Prevention and rehabilitation treatment of speech, communication, oral function and swallowing disorders in childhood and adulthood.

OCUPATIONAL THERAPIST: Body mediation techniques that promote the process of integration between the different expressive and cognitive planes that underlie the construction of identity.

THERAPIST AND BEHAVIOR ANALYST: Operates using techniques based on reinforcement; promotes the acquisition of new skills; reduces and modifies problem behaviors (CP); supports the family in the management of CP and interaction with the child; acquisition of personal and social autonomy; support of expressive and receptive communication.

#### **Promote greater self-awareness**

#### WORKING ON:

**KNOW-HOW:** Acquire new skills **KNOWING TO BE:** 

Developing one's identity as a young adult



#### Promote greater self-awareness

It is not enough to "know how to do" grown-up things to feel grownup! In order to educate to autonomy, it is necessary to intervene also on the construction of an adolescent and adult identity, on "knowing how to be" a grown-up person.



#### PROMOTING AUTONOMY IS A PREREQUISITE FOR WORK AND SOCIAL INCLUSION.

**Communication:** Develop the ability to express one's needs, desires, and thoughts; develop the ability to ask for information, provide personal information; use the telephone; ask for help in case of difficulty.

**Orientation:** Increase ability to consciously look around; read and follow directions; locate landmarks; recognize bus, cab, subway stops.

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#### PROMOTING AUTONOMY IS A PREREQUISITE FOR WORK AND SOCIAL INCLUSION

Learn the value of money: Use money and go shopping independently. Use of services and transportation : Learn to recognize and use stores and services appropriately and with familiarity.

#### **Road Behavior:**

Learn appropriate behaviors that allow you to move around on your own while paying attention to vehicles





## 2. PREPARATION FOR THE NEXT PHASE OF LIFE

Promote residential experiences, apartment groups in protected contexts to increase the capacity for home autonomy and promote social relations.



### 2. PREPARATION FOR THE NEXT PHASE OF LIFE

Promote work experiences

- Addressing the issue of work means first of all recognizing their being adults

 Training means not only knowing their duties as workers but also being familiar with the social rules of the workplace





### **2. PREPARATION FOR THE NEXT PHASE OF LIFE**

Promote work experiences

Being aware of the complexity of this issue, the objective will be to outline the contents for debate focused on the following key aspects:

School years as a crucial training ground to prepare for work;

Job placement policies and services: how to access and solicit action;

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# **3. SUPPORT FOR FUTURE PROSPECTS**

Successful early job placements:

>Overall worker's autonomy

- In-situ training
- Target placement

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# **3. SUPPORT FOR FUTURE PROSPECTS**



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- Raising awareness
- Welcoming
- Assessment
- Support
- Coaching
- Training
- Tutoring
- Monitoring

Long-term

- beneficiaries :
- Businesses
  - Families
  - Individual with autism
- Operators





## Questions



# BIBLIOGRAPHY

- Contardi A., (2017), Verso l'Autonomia. Percorsi educativi per ragazzi con disabilità intellettiva, Carocci Faber Editore.







**THANK YOU!** 





