

6 Meeting- «PUBERTY AND ADULTHOOD»

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LECTURE 4:

Quality of Life and Services

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LEARNING OUTCOMES

- What do we mean by quality of life?
- Quality of life for all family members
- What to look for (how to match the type of service with your child's needs)
- Where to look for (country specific information : public services, search engines)
- How to use them
- How to make the best out of it

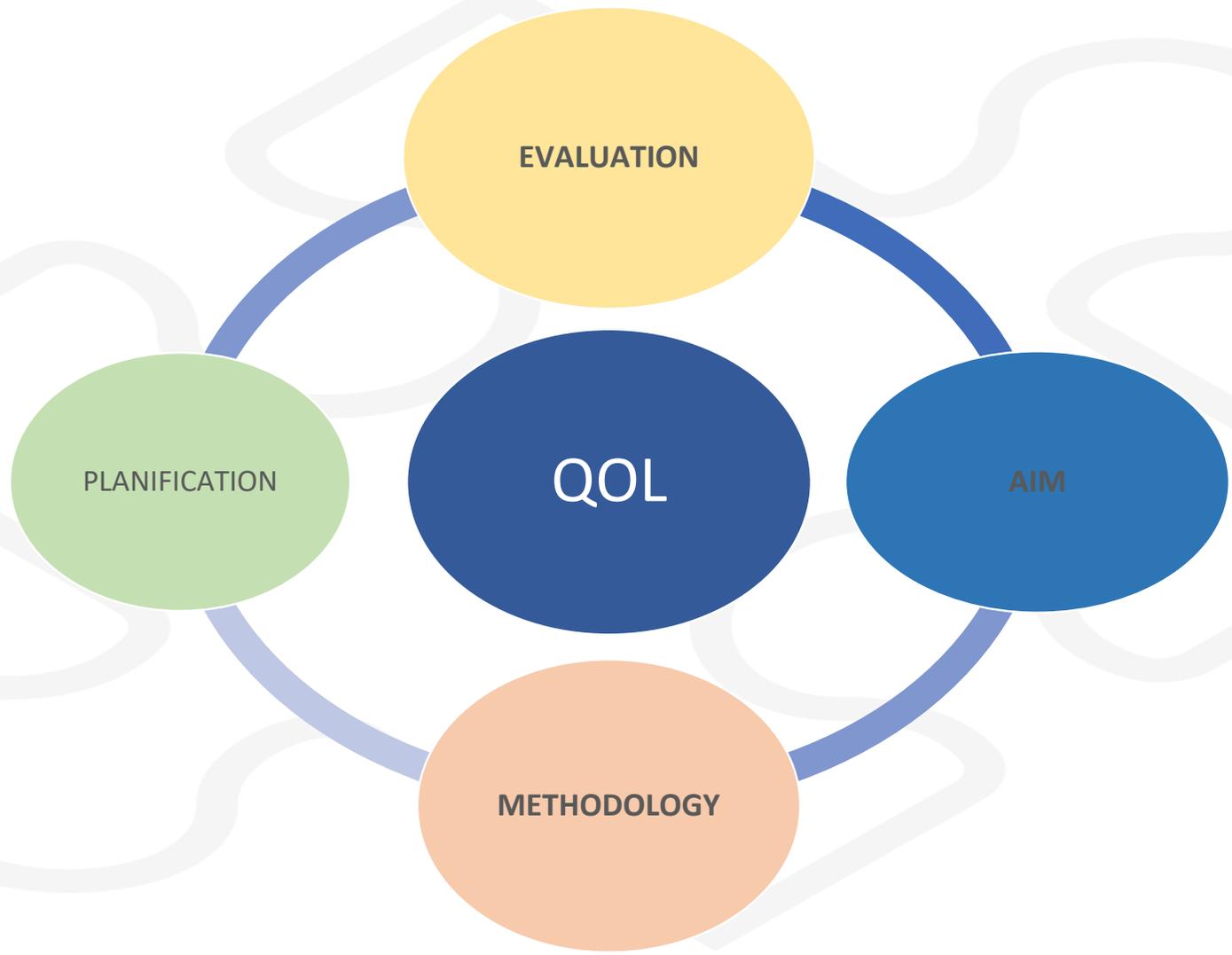


QUALITY OF LIFE

- There is no consensus that provides a single definition of quality of life, but is the result of a continuous interaction of multiple factors (Schalock, 2000). Among other aspects, the way in which each person experiences their own life in a meaningful way, with meaning and purpose regardless of the expected adversities, is understood in a subjective way, understanding their life through a feeling of general well-being (King et al , 2016).

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EVALUATION

QOL

AIM

METHODOLOGY

PLANIFICATION



QOL FOR ALL FAMILY MEMBERS



Autism cause a great psycho-social impact inside families

They already have broader vulnerability in terms of:

ISOLATION

COST

EMOTIONS

DYADIC INTERACTIONS

Training, knowledge, empowerment

reduce the impact- LOCUS CONTROL



What to look for?

1. Involvement of the person with and their family, taking into account their preferences and their participation in the establishment and evaluation of the programs.
2. Quality of life model
3. Social support / Inclusion
4. Meaningful learning for life
5. Personal results
6. Positive Behavioral Support
7. Future orientation
8. Comprehensive development plans
9. Development profile (strengths and opportunities for improvement)
10. Specialization and individualization
11. Strategies based on scientific evidence
12. Rights-based approach
13. Quality of life assessment



Where to look for?

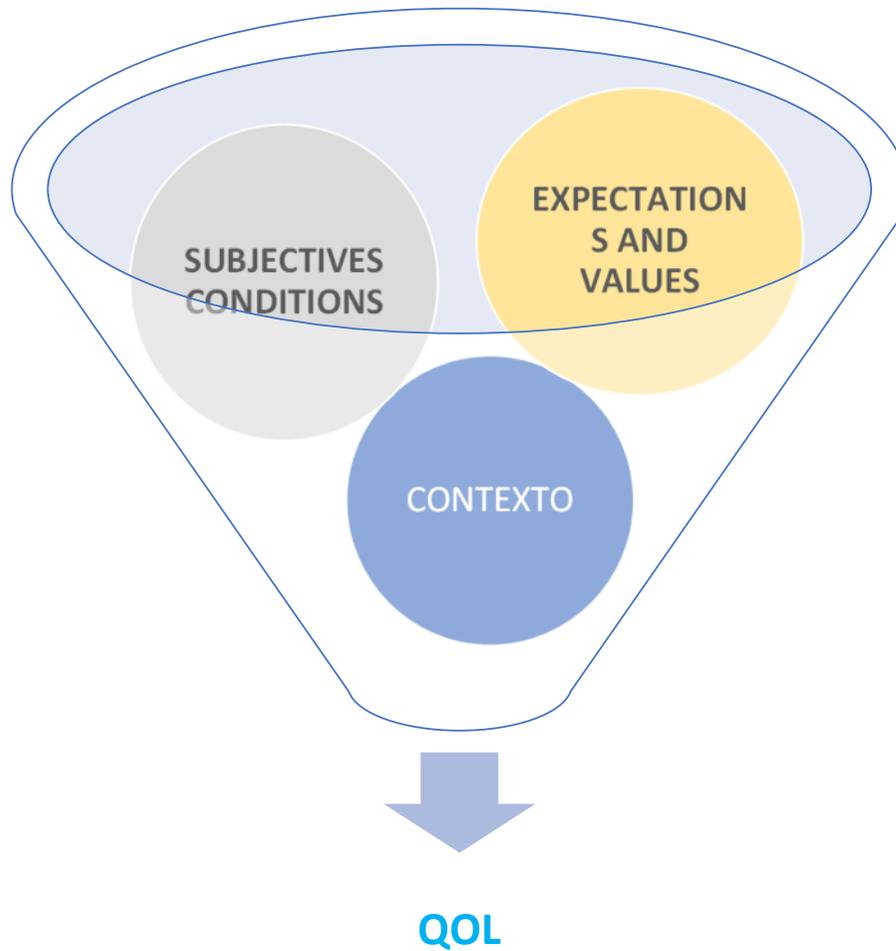
- **Parents organizations in your country**
- **Centres that offers long life services**
- **Ask for Evidence Based Practices**





How to use them?

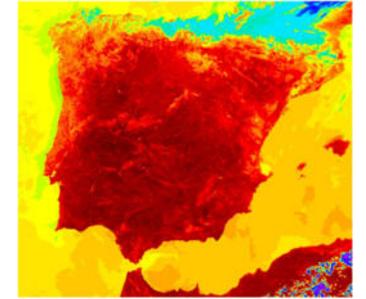
- state your needs,
- ask for what your child needs,
- go for what will enhance your child's quality of life,
- cooperation with professionals



How to make the best out of it?

- significance of family in successful kind of treatment:
- role of the family in the continuation of treatment

In Spain



- MORE THAN 150 FAMILIES ORGANIZATIONS THAN BRING SUPPORT
- 40 YEARS OF DEVELOPING THIS KIND OF SERVICES
- CONSORTIUM OF ORGANIZATION, PROFESSIONALS AND SELF DETERMINATION TEAM
- AUTISTIC ACTIVISM IS PRETTY RECENT





NOW YOUR TURN

Let's see
QUALITY OF LIFE

Let's talk
**What is most important in our lives
concerning own experience as an
special family?**



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Thanks!

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